

# **LGBTQ+ Youth Resources**

### **Support Groups/Moderated Chatrooms**

Providers	Services Provided
First City Pride Center Youth Group 1515 Bull St. Savannah Phone: (912) 304-LGBT [5428] Email: info@firstcitypridecenter.org Website: www.firstcitypridecenter.org/youth	<ul> <li>Youth support groups open to queer, trans and non-binary youth.</li> <li>Ages 12-18.</li> <li>1st and 3rd Fridays Virtual</li> <li>2nd and 4th Fridays in Person</li> </ul>
PFLAG Savannah Chapter 1515 Bull St. Savannah Phone: (912) 304-LGBT [5428] Email: info@firstcitypridecenter.org Website: www.firstcitypridecenter.org/pflag	<ul> <li>PFLAG of Savannah GA is up and running to provide education, support and advocate for our LGBTQ+ youth.</li> <li>Support Group for LGBTQIA+, parents of youth and allies at 5:30pm Fourth Tuesdays.</li> </ul>
Deep Center  Empowering Savannah's Young People to Thrive 3025 Bull Street Savannah, GA, 31405 Phone: (912) 289.7426 Email: writewithus@deepcenter.org Website: https://www.deepcenter.org	<ul> <li>Youth Leadership Team</li> <li>Young Author Project</li> <li>Youth Community Organizing</li> <li>The Work Readiness Enrichment Program</li> <li>Drop In Support</li> </ul>
The Trevor Project <u>Trevor Text:</u> Text the Word "Trevor" to (202) 304-1200 (Hours: Monday through Friday between 3pm to 10pm ET/ Noon- 7pm PT)	Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning young people under 25.
Website: <a href="https://www.thetrevorproject.org">www.thetrevorproject.org</a> <a href="https://www.thetrevorproject.org">Trevor Lifeline:</a> <a href="https://www.thetrevorproject.org">Phone: 1-866-488-7386 - Available 24/7</a>	Trevor Chat: Online instant messaging with a Trevor Chat counselor. Hours: 7 days a week, 3pm to 10pm ET/ Noon – 7pm PT



Q Space Chat	Online discussion groups for LGBTQ+ and questioning
Live & Chat Based; There is no Video or Audio	teens ages 13 to 19. Conversations are facilitated by
P.O. Box 24490, Fort Lauderdale, FL 33307 Phone: (954) 765-6024	experienced staff who work at LGBTQ+ centers around the United States.
Website: https://www.qchatspace.org	*Q Chat Space facilitators are NOT mental health professionals.
LGBT National Help Center	Free & confidential peer-support, information,
2261 Market Street, #296, San Francisco, CA Phone (415) 355-0003	and local resources through national hotlines and online programs.
Email: help@LGBThotline.org	and online programs.
Website: www.glnh.org	Moderated Youth Chatrooms
LODEN CONTRACTOR	National Youth Talkline
LGBT National Youth Talkline: 800-246-7743	Media Recommendations
Family Equality	• Family Cumout
475 Park Ave South, Suite 2100	• Family Support
New York, NY 10016	<ul><li>Family Building</li><li>Virtual Activities and Support</li></ul>
Phone: (646) 880-3005	Advocacy & Resources
Website: <a href="https://www.familyequality.org">https://www.familyequality.org</a>	
Out Youth	Youth Support Groups
A safe place for youth of all sexual orientations and	Age Specific Counseling
gender identities to be themselves.	Family Support
Phone: (512) 419-1233	Wellness Check In's
Email: hello@outyouth.org Website: www.outyouth.org	Crisis Support
Pride & Joy Foundation	Resources for Parents & Families
Preventing Suicide and Homelessness by fostering	• Podcasts
Allyship, Empowering Advocates & Creating Opportunities for LGBTQ+ Visibility.	Member Area
Email: admin@prideandjoyfoundation.com	Toolkit for Change
Website: www.prideandjoyfoundation.com	• Events



# GSA's (Gay Straight Alliance)/School Support

Provider	Services Provided
Georgia Safe Schools Coalition Eliminate LGBTQ oppression in Georgia schools Atlanta, GA Website: www.gasafeschools.org	<ul> <li>Knowing your rights</li> <li>Advocacy Resources</li> <li>Steps for Starting a GSA</li> <li>Training for schools/ Scholarships</li> </ul>
GSA Network  Youth Uniting for Racial and Gender Justice Phone: (415) 552-4229 Email: info@gsanetwork.org Website: www.gsanetwork.org	<ul> <li>Train Youth Leader</li> <li>Support Youth Organizing</li> <li>Support GSA's</li> <li>Campaign</li> </ul>
GLSEN  Gay and Lesbian & Straight Education Network  110 William Street, 30th Floor, New York, NY Phone: (212) 727-0135  Email: info@glsen.org Website: https://www.glsen.org	<ul> <li>Student/GSA Resources</li> <li>Educator Resources</li> <li>Webinar &amp; Workshops</li> <li>Resources</li> <li>Campaign Toolkits</li> </ul>
STEPS  Student Training & Education in Public Service  Address: 863 East 65th St. Suite #12 Savannah  Phone: (912) 356-2898 - Cell: (912) 663-8015  Email: <a href="mailto:lmorgan@medbank.org">lmorgan@medbank.org</a> Website: <a href="mailto:publicservicedegrees.org">publicservicedegrees.org</a>	<ul> <li>Scholarships</li> <li>Financial Aid Support</li> <li>Resources for LGBTQIA+ Students</li> </ul>
US Department of Justice/Education  Confronting Anti-LGBTQI+ Harassment in Schools  Website: www.justice.gov	A Resource for Students and Families
The Bully Project  Tools to Empower Change in Your School Phone: (212) 725.1220  Website: www.thebullyproject.com	<ul> <li>Tools &amp; Resources</li> <li>Graphics Toolkit</li> <li>Roadmap to Success</li> <li>Activation Guide</li> </ul>

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# **Transgender & Non-Binary Specific Support**

The Sam & Devorah Foundation for Trans Youth Spaces to support trans & non-binary youth Email: www.info@samdevorah.org Website: www.samdevorah.org	<ul> <li>Youth Retreats</li> <li>Young Adult Workshops</li> <li>Trans Mentor Project</li> <li>Leadership Retreats</li> </ul>
Gender Spectrum Website: https://genderspectrum.org/	A National network of shared resources and support services for both youth and their families.
Trans Student Educational Resources Email: tser@transstudent.org Website: www.transstudent.org	A youth-led organization dedicated to transforming the educational environment for trans & gender non-conforming students through advocacy & empowerment.
Mermaids (UK) Email: info@mermaidsuk.org.uk Website: https://mermaidsuk.org.uk/	Mermaids supports transgender, nonbinary and gender-diverse children and young people until their 20th birthday, as well as their families and professionals involved in their care.
Trans Youth Equality Foundation (TYEF)  Education, advocacy, and support for transgender youth and their families  Email: contact@transyouthequality.org Website: www.transyouthequality.org	Youth support groups open to all trans and non-binary youth. Ages 12-16. Sessions are held the First and Third Sunday of the month. Professional Workshops Available. Transgender Camp for Youth
Gender Justice Leadership Programs  Website: www.ourtranstruth.org	Youth-led programs for trans and gender nonconforming young people to build public understanding, empathy & a movement for liberation through storytelling & media organizing.
Stand with Trans Website: www.standwithtrans.org	Support groups for Trans Youth and their Families
Trans Families & Gender Odyssey 6523 California Ave SW, #360 Seattle, WA 98136 Phone: (855) 443-6337 Website: www.transfamilies.org	<ul> <li>Youth Groups/Parent Support Groups</li> <li>Youth Leadership Programs</li> <li>Discord, Game Night</li> <li>International Conference</li> </ul>

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Human Rights Campaign Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools Website: www.hrc.org	<ul> <li>Time to Thrive Program</li> <li>Welcoming Schools Program</li> <li>Transition Guide for Students: K-12</li> <li>Advocacy</li> </ul>
TransAthlete A Resource for Students, Athletes, Coaches & Administrators to Find Information About Trans Inclusion in Athletics at Various Levels of Play Email: transathlete.com/contact Website: www.transathlete.com	<ul> <li>K-12 Policies in the United States</li> <li>Recreational Sports Leagues</li> <li>Resources &amp; Tips for Allies</li> <li>Take Action &amp; Activist Tools</li> <li>Consulting</li> <li>Olympics</li> </ul>

# **Housing/Shelter**

Children's Park Place Outreach Youth Emergency Shelter 514 E. Henry Street, Savannah GA Phone: (912) 234-4048 Email: info@parkplaceyes.org Website: https://www.parkplaceyes.org	<ul> <li>Center is open 2 hours a day, 7 days a week</li> <li>Crisis Intervention</li> <li>24 Hour Telephone Crisis Line</li> <li>Individual, Family, and Group Counseling</li> <li>Recreational Services</li> <li>After-care Services</li> </ul>
Greenbriar Children's Center Inc.  Early Childhood Education and Care Centers 3709 Hopkins Street, Savannah, GA 31405 Phone: 912-234-3431 Website: www.greenbriarchildrenscenter.org	<ul> <li>Early Childhood Education and Care</li> <li>Family Preservation</li> <li>Shelter Services</li> <li>Project Safe Place</li> </ul>

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Tharros Place  Home for Survivors of Human Trafficking P.O. Box 23141, Savannah, GA 31403 National Hotline: 1-866-END-HTGA Phone: (912) 332-2455 Email: julie@tharrosplace.com Website: www.tharrosplace.com **anticipated to open summer 2023**	<ul> <li>12-bed residential facility for girls 11-17</li> <li>Trauma-Informed Care</li> <li>Transitional Housing</li> <li>Restorative Treatments</li> <li>Success Plans</li> </ul>
Lost-N-Found Youth Atlanta 2585 Chantilly Dr NE, Atlanta, GA 30324 Phone: (678) 856-7824 Website: www.lnfy.org	Exists to end homelessness for Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ+) and all sexual minority youth. Supporting folks between the ages of 18-25.
Crisis <b>Hotline:</b> (470) 571-0571 We are here for you, 24 hours a day, 7 days a week.	<ul> <li>Youth Center – Safe Space</li> <li>Street Outreach/ Clothing Closet</li> </ul>

### **LGBTQ+ Friendly Youth Behavioral/Medical Health Providers**

Providers	Services Provided
Children's Endocrinology & Diabetes Center 310 Eisenhower Dr. Ste 16, Savannah, GA 31406 Phone: (912) 357-6001 Email: info@childrensendo.com Website: www.childrensendo.com	<ul> <li>Hormone Replacement Therapy (HRT, estrogen, testosterone)</li> <li>Transgender Care</li> <li>Medication Management</li> </ul>
Eric Velazquez, MD Pediatric Endocrinologist Memorial Health Physicians 4750 Waters Ave Suite 108, Savannah, GA 31406 Phone: 912-350-6543 *Currently not seeing new patients (March 2023)	<ul> <li>Hormone Replacement Therapy (HRT, estrogen, testosterone)</li> <li>Transgender Care</li> <li>Medication Management</li> </ul>

June 5, 2023



Prism Clinic	Low-Cost Mental Health Services. Free for the first
Partnership of Georgia Southern University and First	5 visits and \$5.00 a visit after that. * For in-person
City Pride Center	services you must reside in Screven, Bulloch,
1515 Bull Street, Savannah, GA 31401	Effingham, Candler, Evans, Long, Mcintosh,
Phone: (912) 478-1685	Liberty, Bryan, Chatham, or Glynn County.
Email: prismclinic@georgiasouthern.edu	
Lauren StJohn ART-P (16+)	Where inclusivity meets exceptional care. We
Jacqueline Adams MSW (13+)	provide counseling services both online and in-
Savannah Counseling & Wellness, LLC	person. We provide evidence-based, person-centered
Phone: (912) 231-5221	professional counseling who are motivated for
Email: <u>info@livewellsav.com</u>	positive change.
Website: <u>www.LiveWellSAV.com</u>	

#### **Sex Education & Health Resources**

Providers	Services Provided
Planned Parenthood Vital Reproductive Health Care, Sex Education & Information Phone: 1-800-230-PLAN Website: www.plannedparenthood.org	<ul> <li>Resources</li> <li>Sex Education</li> <li>Ask Anything</li> <li>Find my Doctor</li> <li>24/7 Chatbot that provides quick answers To your questions: <u>Download Here</u></li> </ul>
Scarleteen Inclusive, Comprehensive, Supportive Sexuality & Relationships Info for Teens Text Questions here: (206) 866-2279 Website: www.scarleteen.com	<ul> <li>Sex Education</li> <li>Support</li> <li>Message Board</li> <li>Live Chat: Here</li> <li>Advice Column</li> </ul>
Sex Etc. Sex Education by Teens for Teens Website: www.sexetc.org	<ul> <li>Sex Education</li> <li><u>Take Action:</u> Know your Rights in Georgia</li> <li>Clinic Finder</li> <li>Communication Tool</li> </ul>

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#### Imi

Guides built for & with LGBTQ+ teens to help you explore your identity & support your mental health.

Email: hello@imi.guide Website: www.imi.guide

- Resources
- Information (LGBTQ+ 101's)
- Exploring Gender & Identity
- Tools for dealing w/ Stress & Stigma
- Exploring how stress show up in our bodies