

Transgender Resources

Mental Health and Wellness

<p>Prism Clinic <i>A Partnership of Georgia Southern University and First City Pride Center</i> 1515 Bull Street Savannah, GA 31401 Phone: (912) 478-1685 Email: prismclinic@georgiasouthern.edu</p>	<p>Counseling services for LGBTQIA+, Community support. Services are at no cost to you for the first 5 visits, then offered at \$5 per visit for continued appointments. In person appointments* at the First City Pride Center and telehealth available.</p>
<p>Trans Lifeline <i>Resource and Crisis Hotline</i> Phone: 1-877-565-8860 Hours: Every day of the week from 11am to 5am ET Website: www.translifeline.org</p>	<p>Trans Lifeline is a nonprofit organization dedicated to the well-being of transgender people. The hotline is staffed by transgender people for transgender people. Their website includes a rather large resource hub & ID Change Library.</p>
<p>Gender Dysphoria Bible Website: www.genderdysphoria.fyi/en</p>	<p>A guide for those who are questioning, those who are starting their transgender journey, those already on their path, and those who simply wish to be better allies.</p>
<p>OutCare Health <i>Out List Provider Directory</i> Website: www.outcarehealth.org</p>	<p>Out List, is an online, nationwide directory of healthcare providers who identify as culturally competent in the care of the LGBTQ+ community.</p>
<p>Resilient Wellness LLC <i>Lucia Caltabiano Clinical Social Work/Therapist, LMSW</i> 623 Ridge Brook Trail Duluth, GA 30096 Phone: (470) 594-2335 Website: www.resilientwellnessllc.org</p>	<p>Gender affirming letters & Trauma Therapy</p> <ul style="list-style-type: none"> • DBT-informed care, • Narrative therapy • Traditional CBT • Trauma-focused CBT (TF-CBT).



<p>Gender Affirming Letter Access Project <i>Letter Access</i> Website: www.thegalap.org</p>	<p>State by state guide to find a provider to write your letter. A group of transgender, nonbinary, and allied mental health clinicians in the U.S.</p>
<p>The Modern Path <i>Virtual counseling</i> Chamblee, GA 30341 Phone: 1-800-715-4225 Website: www.modernpath.net</p>	<p>Practice is trans owned and they have multiple trans, non-binary and genderqueer clinicians. Does not take insurance. Self-pay ranges from \$100 to \$250 depending on clinician training and experience level and client ability to pay.</p>

Affirming Medical Providers and HRT

<p>Transgender Health Insurance Guide Website: www.out2enroll.org</p> <p>To make a free appointment with a trans-friendly assister, please visit: www.out2enroll.org/enrollment-help</p>	<p>A free online directory that connects trans and gender non-conforming people with local qualified, culturally competent medical and mental healthcare providers.</p>
<p>Brandon Earehart, PA-C Raymond Martins, MD <i>Starland Family Practice</i> 9100 White Bluff Rd. Suite 403 Savannah, GA 31406 Phone: (912) 800-1017 Text: (912) 205-6200 Website: www.starlandfp.com</p>	<ul style="list-style-type: none"> • Primary Care • HIV Testing • PrEP & PEP • Hormone Replacement Therapy • Transgender Care • Medication Management • STD/STI
<p>Kristen A. Updegraff, MD <i>SouthCoast Health</i> 9 Chatham Center South, Ste C Savannah, GA 31401 Phone: (912) 527-7211 Website: www.southcoasthealth.com</p>	<ul style="list-style-type: none"> • Primary Care • HIV Testing • PrEP & PEP • Hormone Replacement Therapy • Transgender Care • Medication Management • STD/STI

*The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or info@firstcitypridecenter.org. Updated 12/12/22.

<p>GeorgAnna Wiley, CNM, MSN, APRN, WHNP <i>(re)birth Savannah</i> 305 E 38th St Savannah, GA 31401 Phone: (912) 662-6191 Website: www.rebirth.health</p>	<ul style="list-style-type: none"> • Low-cost Holistic Gynecology • Primary Care • PrEP and PEP • Abortion & Doula Services • STD/STI • Hormone Replacement Therapy • Fertility
<p>Eric Velazquez, MD Pediatric Endocrinologist <i>Memorial Health Physician</i> 4750 Waters Ave Suite 108 Savannah, 31406 Phone: (912) 350-6543</p>	<ul style="list-style-type: none"> • Pediatric Endocrinologist • Hormone Replacement Therapy • Transgender Care • Medication Management
<p>Carolyn Nelson, MD Endocrinologist <i>St. Joseph's/Candler Physician</i> 4849 Paulsen St. Suite 105 Savannah, GA 31405 Phone: (912) 819-3944</p>	<ul style="list-style-type: none"> • Endocrinologist • Hormone Replacement Therapy • Transgender Care • Medication Management
<p>Queer Med <i>Telehealth</i> Atlanta, GA Phone: (404) 445-0350 QueerMed.com</p>	<ul style="list-style-type: none"> • Telehealth • Hormone Replacement Therapy • Transgender Care • Medication Management • All Ages Welcome
<p>Folx Health <i>Virtual</i> Email: support@folxhealth.com Website: www.folxhealth.com</p>	<ul style="list-style-type: none"> • Telehealth (No Insurance Required) • Hormone Replacement Therapy • Transgender Care • Medication Management • Erectile Dysfunction • PrEP & PEP

<p>Feminist Women’s Health Center</p> <p><i>Trans Health Initiative</i> 1924 Cliff Valley Way NE Atlanta, GA 30329 Phone: (404) 728-7900 Website: www.feministcenter.org</p>	<ul style="list-style-type: none"> • Hormone Replacement Therapy • Support/Gender Marker Letters • Medication Management • STD/STI • HIV Testing • PrEP & PEP • Primary Care
<p>Plume</p> <p><i>Telehealth</i> Website: www.getplume.co Link: Gender-Affirming Hormone Therapy in Georgia — Plume Health</p>	<ul style="list-style-type: none"> • Telehealth (No Insurance Required) • Hormone Replacement Therapy • Transgender Care • Medication Management • Support/Gender Marker Letters
<p>Equality Clinic</p> <p><i>Augusta, GA</i> Phone: (762) 218-2226 Email: equalityclinicaugusta@gmail.com Website: www.equalityclinicaugusta.com</p>	<p>Primary care services for uninsured patients, Gender transitioning support, mental health support, HIV support, PrEP & dental screenings and more.</p>
<p>Trans Health Care</p> <p><i>Trans Health Care is the largest and most comprehensive database of Gender Surgeons.</i> Website: www.transhealthcare.org</p>	<ul style="list-style-type: none"> • Find surgeons who perform Gender Affirming Surgery • Get regularly updated details about Gender Surgeons from around the world • Free information from Gender Surgeons.

Gender Reassignment Surgery

<p>Dr. Matthew McCloud</p> <p><i>Savannah Plastic Surgery</i> 7208 Hodgson Memorial Drive Savannah, GA 31406 Phone: (912) 244-8354 Website: www.savannahplasticsurgery.com</p>	<ul style="list-style-type: none"> • Breast Augmentation • Top Surgery; FTM & MTF • Facial Surgery • Facial feminization techniques
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<p>Dr. Carl Pearl <i>Chatham Plastic Surgery</i> 8 Stephenson Avenue Savannah, GA 31405 Phone: (912) 304-525 Website: www.chathamplasticsurgery.com</p>	<ul style="list-style-type: none"> • Breast Augmentation • Top Surgery; FTM & MTF • Facial feminization techniques • Facelift • Liposuction • Emsculpt
<p>Trans Health Care <i>Trans Health Care is the largest and most comprehensive database of Gender Surgeons.</i> Website: www.transhealthcare.org</p>	<ul style="list-style-type: none"> • Find surgeons who perform Gender Affirming Surgery • Get regularly updated details about Gender Surgeons from around the world • Free information from Gender Surgeons.

Mutual Aid Programs/Support

<p>Trans Fam Support Group First City Pride Center 1515 Bull Street, Savannah, GA 31401 Phone: (912) 478-1685 Email: frshellman3@gmail.com Website: www.firstcitypridecenter.org</p>	<p>Transfam is a weekly support group for transgender, trans+, nonbinary, gender-nonconforming, and questioning people and our friends, family, and allies. Meets at the Center every Thursday at 6pm. Virtual every Tuesday at 7pm. to discuss issues, thoughts, feelings, milestones, and successes. All ages.</p>
<p>Point of Pride Life-changing healthcare for trans folks West Coast: PO Box 1099 Eugene, OR 97440 East Coast: PO Box 7824 Newark, DE 19714 Website: www.pointofpride.org</p>	<p><i>Point of Pride provides financial aid and direct support to trans folks in need of health and wellness care.</i></p> <ul style="list-style-type: none"> • Free Femme Shapewear • Free Chest Binders • Electrolysis Support Fund • HRT Access Fund • Annual Trans Surgery Fund

<p>Trans Empowerment Project <i>Direct Aid for Trans Folks</i> Email: info@transempowerment.org Website: www.transempowerment.org</p>	<p>Black Trans Lead National Organization that helps with mutual aid, housing, groceries, community events, resources, inmate advocacy project, employment, online community: Discord (invite only) and more!</p>
<p>American Trans Resource Hub <i>Resources and more</i> Phone: (562) 653-6029 Email: hello@atrh.org Website: www.atrh.org</p>	<p>Mega Resource for Trans Folks:</p> <ul style="list-style-type: none"> • Provider Map, • Peer Support & More • Chest Binder Program
<p>Little Petal Alliance Email: littlepetalalliance@gmail.com Website: www.littlepetalalliance.org</p>	<p>General Resource Hub. Mutual Aid, housing, mental health, gender affirming care packages and more</p>
<p>Elevated Access Phone: (872) 246-8913 Website: www.elevatedaccess.org</p>	<p>Our volunteer pilots provide free transportation to get people where they can get the care they need to live their best life.</p>
<p>Black Transmen Inc. <i>Resources to aid in a healthy transition and human experience.</i> Phone: (855) 454-9310 Website: https://blacktransmen.org</p>	<ul style="list-style-type: none"> • Mentoring & Support Group • Brother2Brother Binder Program • Brother2Brother Top Surgery Grant • Empower HIM Men’s Summit • Housing Support Services • Leadership Programs
<p>Black Transwomen Inc. <i>Specifically address the urgent concerns facing African American trans women.</i> Phone: (855) 446-5691 Website: www.blacktranswomen.org</p>	<ul style="list-style-type: none"> • Support Group • Emergency Aid • Surgery Grant • Housing Support Services • Mentoring Programs • Trans Health & HIV Care
<p>Trans Latina Coalition (TLC) Email: hola@translatinacoalition.org Website: www.translatinacoalition.org</p>	<p>The mission is to advocate for the specific needs of the Trans Latina community that resides in the U.S.A. and to plan strategies that improve our quality of life.</p>

<p>Transgender American Veteran's Association <i>Addresses the growing concerns of fair and equal treatment of Transgender Military Veterans and Active-Duty service members.</i> Phone: (516) 828-2911 Text: (516) 824-6977 Email: office@transveteran.org Website: www.transveteran.org</p>	<ul style="list-style-type: none"> • Assisting in navigating the VA • Assisting in the correction of DD 214's and other Military Records • Suicide prevention • Homelessness • VA Benefits • Assisting in proper medical care • Educating lawmakers and policy makers on issues affecting members
<p>Trans Lifeline <i>Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.</i> Phone: (877) 565-8860 Website: https://translifeline.org/</p>	<ul style="list-style-type: none"> • Peer 2 Peer Community Support • Mega Resource for Trans Folks • ID Change support • Health & Wellness Support • Housing Support • Transition Support.
<p>Trans(forming) <i>Inter-generational, metro Atlanta membership-based organization</i> Led by and for Trans, Intersex, Gender non-conforming and non-Binary persons Email: info@trans-forming.org Website: www.trans-forming.org</p>	<p>Through advocacy, education, leadership development, coalition-building, peer support, and direct service. A list of our programs:</p> <ul style="list-style-type: none"> • Housing Support Services • Prision Project • Stop the Violence Project • GA Name Change Kit • A trans*folk survivor's guide to assessing therapy by FORGE

Shelters/Housing

Note: Currently Savannah does not have an LGBTQIA+ specific shelter or program.

For Savannah shelter intake or assistance with transportation within Georgia, Chatham Savannah Authority for The Homeless should be contacted for case management.

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<p>Trans Housing Atlanta Program (THAP) <i>Housing Assistance</i> 1530 DeKalb Ave NE, Suite A Atlanta, GA 30307 Phone: (404) 458-7948 Email: transhousingatlanta@gmail.com Website: www.transhousingatlanta.org</p>	<p><i>“We provide direct assistance/resources for individuals experiencing homelessness. THAP can provide up to \$250 per person, per year as a stipend toward housing costs (rent, housing app fees, utility payments etc.) for those approved through our application process. Trans Housing Atlanta Intake Form”</i></p>
<p>Ubuntu <i>Housing Assistance for Black Transgender Men</i> 1419 Mayson St. NE Atlanta, GA 30324 Phone: (256) 667-1621 Email: villageofubuntu@gmail.com Website: www.ubuntuinc.org</p>	<ul style="list-style-type: none"> • Housing Assistance • Financial Help • Retreats • Support Groups • Food Assistance • Resources
<p>Lost-N-Found Youth Atlanta <i>Safety & Shelter for LGBTQ+ Youth</i> Phone: 678-856-7824 <u>Crisis Hotline:</u> (470) 571-0571 <i>We are here for you, 24 hours a day, 7 days a week.</i> Website: www.infy.org</p>	<ul style="list-style-type: none"> • Crisis Support • Primary Services • Youth Center • Street Outreach • Resources • Much More
<p>Mary’s Place <i>Anna Pridemore</i> Phone: (912) 233-3000 Email: advocade2@marysplacega.org Website: www.marysplacecoastalempire.org 24/7 CRISIS LINE • (912) 233-7273</p>	<p><i>Local Support for:</i></p> <ul style="list-style-type: none"> • Sexual Assault • Domestic Violence <p><i>Can provide Local Resources for:</i></p> <ul style="list-style-type: none"> • Housing Resources
<p>Live Oak Library <i>Savanna Waddle, Social Services Coordinator</i> Email: waddles@liveoakpl.org Phone: (912) 652-3617</p>	<p><i>Can provide Local Resources for:</i></p> <ul style="list-style-type: none"> • Housing • Food and Needs Insecurity, • Health and Wellness, • Education and other Social Services

<p>Chatham Savannah Authority for The Homeless 761 Wheaton St. Savannah, GA 31401 Phone: (912) 790-3400 Website: www.homelessauthority.org</p>	<ul style="list-style-type: none"> • Housing Assistance • Shelter resources • Referrals & case management • Transportation <p><i>(Can walk into office through side door or call.)</i></p>
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Legal

<p>The Transgender Law Center PO Box 70976 Oakland, CA 94612 Phone: (510) 587-9696 Website: www.transgenderlawcenter.org</p>	<ul style="list-style-type: none"> • Identity Documents • Immigration • Health & Employment • Prisons and Policing • Youth & Housing
<p>Name Change information for Georgia Website: www.eforms.com</p>	<p>Steps and Forms for legal name change in Georgia.</p>
<p>Georgia Identification Gender Marker Change & Real ID Requirements Website: www.dds.georgia.gov/georgia-licenseid/general-license-topics/real-id</p>	<p>A gender update requires applicants to submit a court order or physician's letter certifying gender change. A passport showing the gender update can be used also.</p>
<p>The National Center for Transgender Equality Phone: (202) 642-4542 Email: ncte@transequality.org Website: www.transequality.org</p>	<ul style="list-style-type: none"> • Instructions to change legal documents • U.S. Passport & Birth Certificate • Social Security • Immigration Documents • Military/Veteran records
<p>Silvia Rivera Law Project Phone: (212) 337-8550 Email: info@srp.org Website: www.srp.org</p>	<p>The Sylvia Rivera Law Project works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.</p>

<p>Harvard Law School LGBTQ+ Advocacy Clinic Legal Helpline: (415) 392-6257 Email: info@nclrights.org Trans Youth Handbook</p>	<p>Co-authored with the National Center for Lesbian Rights, the Trans Youth Handbook is a legal resource guide that covers the rights of trans youth across such a wide spectrum of situations, including identity documents, school, health care, non-affirming care environments, and work.</p>
<p>National Trans Bar Association Email: info@transbar.org Website: www.transbar.org</p>	<p>NTBA is a national bar association by and for trans legal professionals and cisgender legal professionals who care about trans rights.</p>

Affirming Hairdressers & Hair Removal

<p>Bell Barber <i>Hairdresser/Barber</i> 1520 Bull Street, Savannah, GA Phone: (912) 358-0451 Website: www.bellbarberco.com</p>	<p>Shop Hours By Appointment Only Monday - Friday: 9:30am - 5:30pm Saturday: 10:30am - 3:30pm Closed Sunday</p>
<p>Hair You Go <i>Hairdresser</i> 2400 Bull Street Suite 1, Studio 13 Savannah 31401 Phone: (912) 421-9669 Website: www.hairyougosalon.com</p>	<p><i>Genderless Haircuts</i> “An independent salon, located inside Sola Salons in the Art District of Starland. My guarantee is to make each guest feel welcome and comfortable, in a non-judgmental environment. Book online.”</p>
<p>Hair Do 42 <i>Hairdresser/Barber</i> 10520 Abercorn St D, Savannah, GA, 31419 Phone: (912) 660-9625 Website: www.hairdo42.com</p>	<p><i>Genderless Haircuts</i> Hours: Tuesday: 10:00 AM – 7:00 PM Wed & Thurs: 9:00 AM – 3:00 PM Friday: 10:00 AM – 7:00 PM Saturday: 8:00 AM – 2:00 PM</p>

<p>Milan Laser Hair Removal <i>Laser Hair Removal</i> 8108 Abercorn St, Savannah, GA 31406 Phone: (912) 446-2376 Website: www.milanlasersavannah.com</p>	<p>“A permanent solution to unwanted hair. We can remove hair from nearly any part of the body for less than the cost of a monthly wax. Treatments are fast and there’s no recovery time (it can be done over lunch!).”</p>
<p>Allure Laser Center <i>Laser Hair Removal</i> Phone: (912) 596-8524 Email: allurelasercenter@yahoo.com Website: www.allurelasercenter.com</p>	<p>“A gentle, non-invasive, and long-lasting solution to unwanted hair. Conveniently located minutes from downtown Savannah GA. Make an appointment by clicking this link: www.vagaro.com/AllureLaserCenter”</p>
<p>Zapped By Diane <i>Professional, Licensed Electrologist</i> 70 Pennington Dr #16j, Bluffton, SC 29910 Call or Text: (203) 241-0553 Website: https://zappedbydiane.com/</p>	<p>Hours: Tuesday: 2:00 PM – 5:00 PM Wednesday: 2:00 PM – 5:00 PM Thursday: 2:00 PM – 5:00 PM</p>
<p>Wax and Wane Waxing <i>Hair Removal</i> 1917 Bull St, Savannah, GA 31401 Phone: (912) 233-7002 Email: info@waxandwanewaxing.com Website: www.waxandwanewaxing.com</p>	<p>Hours: Mondays: 8:00 AM – 5:00 PM Tuesday – Thursday: 10:00 AM – 7:00 PM Friday & Saturday: 8:00 AM – 5:00 PM “Schedule online or schedule same-day appointments, please call or download our app!”</p>

Voice Coaching

<p>Mantra Voice Email: office@mantravoice.com Website: www.mantravoice.com</p>	<ul style="list-style-type: none"> • Gender affirming voice coaching • Free Consultations • Workshops • Virtual
<p>Prismatic Speech Services Phone: (336) 609-6258 Website: www.prismaticspeech.com</p>	<ul style="list-style-type: none"> • Gender affirming Vocal Training • Free Consultations • Virtual

<p>School of Raq Voice Lessons: Savannah, GA Email: schoolofraq@gmail.com</p>	<ul style="list-style-type: none"> • In Person or Virtual Training • Gender affirming voice coaching
<p>Exceptional Voice Kathe Perez Phone: (303) 722-2181 Website: www.exceptionalvoice.com</p>	<ul style="list-style-type: none"> • Gender affirming Vocal Training • Virtual • Training App

Youth

<p>First City Pride Center Youth Group 1515 Bull St. Savannah Website: www.firstcitypridecenter.org/youth</p>	<ul style="list-style-type: none"> • Youth support groups open to queer, trans and non-binary youth. • Ages 12-18. • 1st and 3rd Fridays Virtual • 2nd and 4th Fridays in Person
<p>PFLAG Savannah Chapter 1515 Bull St. Savannah Website: www.firstcitypridecenter.org/pflag</p>	<ul style="list-style-type: none"> • PFLAG of Savannah GA is up and running to provide education, support and advocate for our LGBTQ+ youth. • Support Group for LGBTQIA+, parents of youth and allies at 5:30pm Fourth Tuesdays.
<p>The Sam & Devorah Foundation for Trans Youth Spaces to support trans & non-binary youth Email: www.info@samdevorah.org Website: www.samdevorah.org</p>	<ul style="list-style-type: none"> • Youth Retreats • Young Adult Workshops • Trans Mentor Project • Leadership Retreats
<p>Trans Youth Family Allies Website: http://www.imatyfa.org/</p>	<p>Resources for parents, young people, for educators, and for healthcare professionals</p>

<p>Gender Spectrum Website: https://genderspectrum.org/</p>	<p>A National network of shared resources and support services for both youth and their families.</p>
<p>Mermaids (UK) Email: info@mermaidsuk.org.uk Website: https://mermaidsuk.org.uk/</p>	<p>Mermaids supports transgender, nonbinary and gender-diverse children and young people until their 20th birthday, as well as their families and professionals involved in their care.</p>
<p>Trans Youth Equality Foundation (TYEF) <i>Education, advocacy, and support for transgender youth and their families</i> Email: contact@transyouthequality.org Website: www.transyouthequality.org</p>	<p>Youth support groups open to all trans and non-binary youth. Ages 12-16. Sessions are held the First and Third Sunday of the month. Professional Workshops Available. Transgender Camp for Youth</p>
<p>The Trevor Project <u>Trevor Text:</u> Text the Word “Trevor” to (202) 304-1200 (Hours: Monday through Friday between 3pm to 10pm ET/ Noon- 7pm PT) Website: www.thetrevorproject.org <u>Trevor Lifeline:</u> Phone: 1-866-488-7386 - Available 24/7</p>	<p>The Trevor Project provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning young people under 25. <u>Trevor Chat:</u> Online instant messaging with a TrevorChat counselor. Hours: 7 days a week, 3pm to 10pm ET/ Noon – 7pm PT</p>
<p>Lost-N-Found Youth Atlanta Phone: (678) 856-7824 Website: www.lnfy.org Crisis Hotline: (470) 571-0571 We are here for you, 24 hours a day, 7 days a week.</p>	<p>Lost-n-Found Youth is an Atlanta-based nonprofit that exists to end homelessness for Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ+) and all sexual minority youth. Are you between the ages of 18-25 and need help?</p>
<p>Gender Justice Leadership Programs Website: www.ourtranstruth.org</p>	<p>The Gender Justice Leadership Programs (GJLP) are youth-led programs for trans and gender nonconforming young people to build public understanding, empathy, and a movement for liberation through storytelling and media organizing.</p>



Stand with Trans Website: www.standwithtrans.org	Support groups for Trans Youth and their Families
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