

# **Transgender Resources**

### **Mental Health and Wellness**

| Prism Clinic A Partnership of Georgia Southern University and First City Pride Center 1515 Bull Street Savannah, GA 31401 Phone: (912) 478-1685 Email: prismclinic@georgiasouthern.edu | Counseling services for LGBTQIA+,<br>Community support. Services are at no cost to<br>you for the first 5 visits, then offered at \$5 per<br>visit for continued appointments. In person<br>appointments* at the First City Pride Center<br>and telehealth available. |
|--|---|
| Trans Lifeline Resource and Crisis Hotline Phone: 1-877-565-8860 Hours: Every day of the week from 11am to 5am ET Website: www.translifeline.org                                       | Trans Lifeline is a nonprofit organization dedicated to the well-being of transgender people. The hotline is staffed by transgender people for transgender people. Their website includes a rather large resource hub & ID Change Library.                            |
| Gender Dysphoria Bible Website: www.genderdysphoria.fyi/en   | A guide for those who are questioning, those who are starting their transgender journey, those already on their path, and those who simply wish to be better allies.  |
| OutCare Health Out List Provider Directory Website: www.outcarehealth.org  | Out List, is an online, nationwide directory of healthcare providers who identify as culturally competent in the care of the LGBTQ+ community.  |
| Resilient Wellness LLC  Lucia Caltabiano Clinical Social  Work/Therapist, LMSW 623 Ridge Brook Trail  Duluth, GA 30096  Phone: (470) 594-2335  Website: www.resilientwellnessllc.org   | <ul> <li>Gender affirming letters &amp; Trauma Therapy</li> <li>DBT-informed care,</li> <li>Narrative therapy</li> <li>Traditional CBT</li> <li>Trauma-focused CBT (TF-CBT).</li> </ul>   |

<sup>1</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Gender Affirming Letter Access Project Letter Access Website: www.thegalap.org   | State by state guide to find a provider to write your letter. A group of transgender, nonbinary, and allied mental health clinicians in the U.S.  |
|--|---|
| The Modern Path Virtual counseling Chamblee, GA 30341 Phone: 1-800-715-4225 Website: www.modernpath.net  | Practice is trans owned and they have multiple trans, non-binary and genderqueer clinicians. Does not take insurance. Self-pay ranges from \$100 to \$250 depending on clinician training and experience level and client ability to pay. |
| Wyatt Okeefe MA, LMHC, LPC Virtual Counseling / Telehealth Atlanta, GA 30301 Phone: (352) 677-2401 Email: 1wyattokeefe@gmail.com Website: www.lgbtqiatherapy.com   | Self-pay: ranges from \$100 - \$150.<br>15-minute free phone consultation. Strength-<br>Based, Rational Emotive Behavior (REBT),<br>Trauma Informed, Cognitive Behavioral<br>Therapy (CBT)  |
| James T. Dowling, LPC  Therapeutic Healing Alliance  1481 Dean Forest Rd. Savannah, GA 31405  Phone (912) 777-6096  Email: therapeutichealingalliance@gmail.com  Website: www.therapeutichealingalliance.com | Therapeutic Healing Alliance is a group practice of highly trained, caring therapists ready to help you on your journey to overcoming life's challenges and support you on your path to recovery and healing.                             |

<sup>\*</sup>We have more affirming behavioral health providers on our LGBTQ+ Behavioral Health Provider Guide

### **Affirming Medical Providers and HRT**

| Transgender Health Insurance Guide       | A free online directory that connects trans and |  |
|--|---|--|
| Website: www.out2enroll.org              | gender non-conforming people with local         |  |
|  | qualified, culturally competent medical and     |  |
| To make a free appointment with a trans- | mental healthcare providers.                    |  |
| friendly assister, please visit:         |   |  |
| www./out2enroll.org/enrollment-help      |   |  |

<sup>2</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Avantika Varma, MD, MPH  Equal Health Telehealth Georgia, South Carolina, Alabama, + 404-595-1697 Website: www.getequalhealth.com Use code FCPC10 for 10% off  Brandon Earehart, PA-C Raymond Martins, MD  Starland Family Practice 9100 White Bluff Rd. Suite 403 Savannah, GA 31406 Phone: (912) 800-1017 Text: (912) 205-6200 Website: www.starlandfp.com | Gender-affirming care (including HRT and medical letters of support for gender affirming surgery name and gender marker changes)     HIV PrEP/PEP     HIV Treatment     Mental Health Treatment     Sexual Health     Weight Management Services      Primary Care     HIV Testing     PrEP & PEP     Hormone Replacement Therapy     Transgender Care     Medication Management     STD/STI |
|--|--|
| Kristen A. Updegraff, MD  SouthCoast Health  9 Chatham Center South, Ste C  Savannah, GA 31401  Phone: (912) 527-7211  Website: www.southcoasthealth.com   | <ul> <li>Primary Care</li> <li>HIV Testing</li> <li>PrEP &amp; PEP</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> <li>STD/STI</li> </ul>   |
| GeorgAnna Wiley, CNM, MSN, APRN, WHNP  (re)birth Savannah  305 E 38 <sup>th</sup> St Savannah, GA 31401  Phone: (912) 662-6191  Website: www.rebirth.health  | <ul> <li>Low-cost Holistic Gynecology</li> <li>Primary Care</li> <li>PrEP and PEP</li> <li>Abortion &amp; Doula Services</li> <li>STD/STI</li> <li>Hormone Replacement Therapy</li> <li>Fertility</li> </ul>   |
| Eric Velazquez, MD Pediatric<br>Endocrinologist<br>Memorial Health Physician<br>4750 Waters Ave Suite 108 Savannah, 31406<br>Phone: (912) 350-6543   | <ul> <li>Pediatric Endocrinologist</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> </ul>  |

<sup>3</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Carolyn Nelson, MD Endocrinologist St. Joseph's/Candler Physician 4849 Paulsen St. Suite 105 Savannah, GA 31405 Phone: (912) 819-3944  Equality Clinic Augusta, GA Phone: (762) 218-2226 Email: equalityclinicaugusta@gmail.com            | <ul> <li>Endocrinologist</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> <li>Primary care services for uninsured patients,<br/>Gender transitioning support, mental health<br/>support, HIV support, PrEP &amp; dental<br/>screenings and more.</li> </ul>  |
|--|--|
| Website: www.equalityclinicaugusta.com  Queer Med  Telehealth Atlanta, GA Phone: (404) 445-0350 QueerMed.com  Folx Health Virtual Email: support@folxhealth.com Website: www.folxhealth.com  | <ul> <li>Telehealth</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> <li>All Ages Welcome</li> <li>Telehealth (No Insurance Required)</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> <li>Erectile Dysfunction</li> <li>PrEP &amp; PEP</li> </ul>                                     |
| Feminist Women's Health Center  Trans Health Initiative 1924 Cliff Valley Way NE Atlanta, GA 30329 Phone: (404) 728-7900 Website: www.feministcenter.org  Plume Telehealth Website: www.getplume.co Link: Gender-Affirming Hormone Therapy | <ul> <li>Hormone Replacement Therapy</li> <li>Support/Gender Marker Letters</li> <li>Medication Management</li> <li>STD/STI</li> <li>HIV Testing</li> <li>PrEP &amp; PEP</li> <li>Primary Care</li> <li>Telehealth (No Insurance Required)</li> <li>Hormone Replacement Therapy</li> <li>Transgender Care</li> <li>Medication Management</li> <li>Support/Gender Marker Letters</li> </ul> |

<sup>4</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



#### **Trans Health Care**

Trans Health Care is the largest and most comprehensive database of Gender Surgeons.

Website: www.transhealthcare.org

• Find surgeons who perform Gender Affirming Surgery

 Get regularly updated details about Gender Surgeons from around the world

• Free information from Gender Surgeons.

### **Gender Reassignment Surgery**

| Dr. Matthew McCloud Savannah Plastic Surgery 7208 Hodgson Memorial Drive Savannah, GA 31406 Phone: (912) 244-8354  | <ul> <li>Breast Augmentation</li> <li>Top Surgery; FTM &amp; MTF</li> <li>Facial Surgery</li> <li>Facial feminization techniques</li> </ul>   |
|--|---|
| Website: <a href="https://www.savannahplasticsurgery.com">www.savannahplasticsurgery.com</a> <b>Dr. Carl Pearl</b> Chatham Plastic Surgery  8 Stephenson Avenue Savannah, GA 31405  Phone: (912) 304-525  Website: <a href="https://www.chathamplasticsurgery.com">www.chathamplasticsurgery.com</a> | <ul> <li>Breast Augmentation</li> <li>Top Surgery; FTM &amp; MTF</li> <li>Facial feminization techniques</li> <li>Facelift</li> <li>Liposuction</li> <li>Emsculpt</li> </ul>  |
| Trans Health Care Trans Health Care is the largest and most comprehensive database of Gender Surgeons. Website: www.transhealthcare.org  | <ul> <li>Find surgeons who perform Gender<br/>Affirming Surgery</li> <li>Get regularly updated details about<br/>Gender Surgeons from around the<br/>world</li> <li>Free information from Gender<br/>Surgeons.</li> </ul> |

<sup>\*</sup>We have more affirming medical providers on our LGBTQ+ Medical Providers Guide

<sup>5</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



### **Mutual Aid Programs/Support**

| Point of Pride Life-changing healthcare for trans folks West Coast: PO Box 1099 Eugene, OR 97440 East Coast: PO Box 7824 Newark, DE 19714 Website:www.pointofpride.org                              | Point of Pride provides financial aid and direct support to trans folks in need of health and wellness care.  • Free Femme Shapewear  • Free Chest Binders  • Electrolysis Support Fund  • HRT Access Fund  • Annual Trans Surgery Fund |
|---|---|
| Trans Empowerment Project  Direct Aid for Trans Folks  Email: info@transempowerment.org  Website: www.transempowerment.org  | Black Trans Lead National Organization that helps with mutual aid, housing, groceries, community events, resources, inmate advocacy project, employment, online community: Discord (invite only) and more!                              |
| American Trans Resource Hub Resources and more Phone: (562) 653-6029 Email: hello@atrh.org Website: www.atrh.org  | Mega Resource for Trans Folks:  • Provider Map,  • Peer Support & More  • Chest Binder Program  |
| Little Petal Alliance Email: <a href="mailto:littlepetalalliance@gmail.com">littlepetalalliance@gmail.com</a> Website: <a href="mailto:www.littlepetalalliance.org">www.littlepetalalliance.org</a> | General Resource Hub. Mutual Aid, housing, mental health, gender affirming care packages and more   |
| Elevated Access Phone: (872) 246-8913 Website: <a href="https://www.elevatedaccess.org">www.elevatedaccess.org</a>  | Our volunteer pilots provide free transportation to get people where they can get the care they need to live their best life.   |

<sup>6</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Black Transmen Inc. Resources to aid in a healthy transition and human experience.  Phone: (855) 454-9310 Website: https://blacktransmen.org  Black Transwomen Inc. Specifically address the urgent concerns facing African American trans women.  Phone: (855) 446-5691 Website: www.blacktranswomen.org  Trans Latina Coalition (TLC) Email: hola@translatinacoalition.org Website: www.translatinacoalition.org | <ul> <li>Mentoring &amp; Support Group</li> <li>Brother2Brother Binder Program</li> <li>Brother2Brother Top Surgery Grant</li> <li>Empower HIM Men's Summit</li> <li>Housing Support Services</li> <li>Leadership Programs</li> <li>Support Group</li> <li>Emergency Aid</li> <li>Surgery Grant</li> <li>Housing Support Services</li> <li>Mentoring Programs</li> <li>Trans Health &amp; HIV Care</li> <li>The mission is to advocate for the specific needs of the Trans Latina community that resides in the U.S.A. and to plan strategies</li> </ul> |
|--|--|
| Transgender American Veteran's Association Addresses the growing concerns of fair and equal treatment of Transgender Military Veterans and Active-Duty service members. Phone: (516) 828-2911 Text: (516) 824-6977 Email: office@transveteran.org Website: www.transveteran.org Trans Lifeline Trans Lifeline connects trans people to the community support and resources we need to                              | <ul> <li>that improve our quality of life.</li> <li>Assisting in navigating the VA</li> <li>Assisting in the correction of DD 214's and other Military Records</li> <li>Suicide prevention</li> <li>Homelessness</li> <li>VA Benefits</li> <li>Assisting in proper medical care</li> <li>Educating lawmakers and policy makers on issues affecting members</li> <li>Peer 2 Peer Community Support</li> <li>Mega Resource for Trans Folks</li> <li>ID Change support</li> </ul>   |
| survive and thrive. Phone: (877) 565-8860 Website: <a href="https://translifeline.org/">https://translifeline.org/</a>   | <ul> <li>Health &amp; Wellness Support</li> <li>Housing Support</li> <li>Transition Support.</li> </ul>  |

7

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



#### **Trans(forming)**

Inter-generational, metro Atlanta membership-based organization

Led by and for Trans, Intersex, Gender nonconforming and non-Binary persons

Email: <u>info@trans-forming.org</u> Website: <u>www.trans-forming.org</u> Through advocacy, education, leadership development, coalition-building, peer support, and direct service. A list of our programs:

- Housing Support Services
- Prision Project
- Stop the Violence Project
- GA Name Change Kit
- A trans\*folk survivor's guide to assessing therapy by FORGE

### **Shelters/Housing**

Note: Currently Savannah does not have an LGBTQIA+ specific shelter or program.

For Savannah shelter intake or assistance with transportation within Georgia, Chatham Savannah Authority for The Homeless should be contacted for case management.

| Chatham Savannah Authority for The Homeless 761 Wheaton St. Savannah, GA 31401 Phone: (912) 790-3400 Website: www.homelessauthority.org Live Oak Library       | <ul> <li>Housing Assistance</li> <li>Shelter resources</li> <li>Referrals &amp; case management</li> <li>Transportation</li> <li>(Can walk into office through side door or call.)</li> </ul> Can provide Local Resources for: |
|--|--|
| Savanna Waddle, Social Services Coordinator Email: waddles@liveoakpl.org Phone: (912) 652-3617   | <ul> <li>Housing</li> <li>Food and Needs Insecurity,</li> <li>Health and Wellness,</li> <li>Education and other Social Services</li> </ul>   |
| Mary's Place Anna Pridemore Phone: (912) 233-3000 Email: advocade2@marysplacega.org Website: www.marysplacecoastalempire.org 24/7 CRISIS LINE • (912) 233-7273 | <ul> <li>Local Support for:</li> <li>Sexual Assault</li> <li>Domestic Violence</li> </ul> Can provide Local Resources for: <ul> <li>Housing Resources</li> </ul>   |

<sup>8</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Trans Housing Atlanta Program (THAP)  Housing Assistance 1530 DeKalb Ave NE, Suite A Atlanta, GA 30307  Phone: (404) 458-7948  Email: transhousingatlanta@gmail.com Website: www.transhousingatlanta.org | Direct assistance/resources for individuals experiencing homelessness. THAP can provide up to \$250 per person, per year as a stipend toward housing costs (rent, housing app fees, utility payments etc.) for those approved through our application process. |
|--|--|
| Ubuntu  Housing Assistance for Black  Transgender Men  1419 Mayson St. NE Atlanta, GA 30324  Phone: (256) 667-1621  Email: villageofubuntu@gmail.com  Website: www.ubuntuinc.org                         | <ul> <li>Housing Assistance</li> <li>Financial Help</li> <li>Retreats</li> <li>Support Groups</li> <li>Food Assistance</li> <li>Resources</li> </ul>   |
| Lost-N-Found Youth Atlanta Safety & Shelter for LGBTQ+ Youth Phone: 678-856-7824 Crisis Hotline: (470) 571-0571 We are here for you, 24 hours a day, 7 days a week. Website: www.infy.org                | <ul> <li>Crisis Support</li> <li>Primary Services</li> <li>Youth Center</li> <li>Street Outreach</li> <li>Resources</li> <li>Much More</li> </ul>  |

### Legal

| The Transgender Law Center            | Identity Documents                       |
|---------------------------------------|--|
| PO Box 70976                          | <ul> <li>Immigration</li> </ul>          |
| Oakland, CA 94612                     | Health & Employment                      |
| Phone: (510) 587-9696                 | <ul> <li>Prisons and Policing</li> </ul> |
| Website: www.transgenderlawcenter.org | Youth & Housing                          |
|                                       |  |
| Name Change information for Georgia   | Steps and Forms for legal name change in |
| Website: www.eforms.com               | Georgia.                                 |
|                                       |  |

<sup>9</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Georgia Identification Gender Marker Change & Real ID Requirements  Website: <a href="https://www.dds.georgia.gov/georgia-licenseid/general-license-topics/real-id">www.dds.georgia.gov/georgia-licenseid/general-license-topics/real-id</a> | A gender update requires applicants to submit a court order or physician's letter certifying gender change. A passport showing the gender update can be used also.   |
|--|--|
| The National Center for Transgender Equality Phone: (202) 642-4542 Email: <a href="mailto:ncte@transequality.org">ncte@transequality.org</a> Website: <a href="mailto:www.transequality.org">www.transequality.org</a>                       | <ul> <li>Instructions to change legal documents</li> <li>U.S. Passport &amp; Birth Certificate</li> <li>Social Security</li> <li>Immigration Documents</li> <li>Military/Veteran records</li> </ul>  |
| Silvia Rivera Law Project Phone: (212) 337-8550 Email: info@srlp.org Website: www.srlp.org   | The Sylvia Rivera Law Project works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.   |
| Harvard Law School LGBTQ+ Advocacy Clinic Legal Helpline: (415) 392-6257 Email: info@nclrights.org  Trans Youth Handbook   | Co-authored with the National Center for Lesbian Rights, the Trans Youth Handbook is a legal resource guide that covers the rights of trans youth across such a wide spectrum of situations, including identity documents, school, health care, non-affirming care environments, and work. |
| National Trans Bar Association Email: info@transbar.org Website: www.transbar.org  | NTBA is a national bar association by and for trans legal professionals and cisgender legal professionals who care about trans rights.   |

# **Affirming Hairdressers & Hair Removal**

<u>10</u>

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Bell Barber  Hairdresser/Barber  1520 Bull Street, Savannah, GA  Phone: (912) 358-0451  Website: www.bellbarberco.com                       | Shop Hours   By Appointment Only<br>Monday - Friday: 9:30am - 5:30pm<br>Saturday: 10:30am - 3:30pm<br>Closed Sunday  |
|---|--|
| Hair You Go  Hairdresser 2400 Bull Street Suite 1, Studio 13 Savannah 31401 Phone: (912) 421-9669 Website: www.hairyougosalon.com           | Genderless Haircuts An independent salon, located inside Sola Salons in the Art District of Starland. My guarantee is to make each guest feel welcome and comfortable, in a non-judgmental environment. Book online. |
| Hair Do 42  Hairdresser/Barber 10520 Abercorn St D, Savannah, GA, 31419 Phone: (912) 660-9625 Website: www.hairdo42.com                     | Genderless Haircuts Hours: Tuesday: 10:00 AM – 7:00 PM Wed & Thurs: 9:00 AM – 3:00 PM Friday: 10:00 AM – 7:00 PM Saturday: 8:00 AM – 2:00 PM   |
| Milan Laser Hair Removal  Laser Hair Removal 8108 Abercorn St, Savannah, GA 31406 Phone: (912) 446-2376 Website: www.milanlasersavannah.com | A permanent solution to unwanted hair. We can remove hair from nearly any part of the body for less than the cost of a monthly wax. Treatments are fast and there's no recovery time (it can be done over lunch!).   |
| Allure Laser Center  Laser Hair Removal  Phone: (912) 596-8524  Email: allurelasercenter@yahoo.com  Website: www.allurelasercenter.com      | A gentle, non-invasive, and long-lasting solution to unwanted hair. Conveniently located minutes from downtown Savannah GA. Make an appointment booking online.  |

<sup>11</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



| Zapped By Diane  Professional, Licensed Electrologist 70 Pennington Dr #16j, Bluffton, SC 29910 Call or Text: (203) 241-0553 Website: <a href="https://zappedbydiane.com/">https://zappedbydiane.com/</a> | Hours:<br>Tuesday: 2:00 PM – 5:00 PM<br>Wednesday: 2:00 PM – 5:00 PM<br>Thursday: 2:00 PM – 5:00 PM   |
|---|---|
| Wax and Wane Waxing  Hair Removal  1917 Bull St, Savannah, GA 31401  Phone: (912) 233-7002  Email: info@waxandwanewaxing.com  Website: www.waxandwanewaxing.com   | Hours: Mondays: 8:00 AM – 5:00 PM Tuesday – Thursday: 10:00 AM – 7:00 PM Friday & Saturday: 8:00 AM – 5:00 PM Schedule online or schedule same-day appointments, call or download app.  |
| Glow Med Spa  Laser Hair Removal & Waxing  Midtown & Downtown Savannah  Phone: (912) 214-8311  Email: contact@glowsavannah.com  Website: www.glowsavannah.com   | Call or Request an Appointment online. Both locations are <i>by appointment only</i> . While we do our best to accommodate last-minute requests, our schedule is typically full, so we recommend booking your desired appointment date and time at least one week in advance. |

# **Voice Coaching**

| Mantra Voice Email: office@mantravoice.com Website: www.mantravoice.com          | <ul> <li>Gender affirming voice coaching</li> <li>Free Consultations</li> <li>Workshops</li> <li>Virtual</li> </ul> |
|--|---|
| Prismatic Speech Services Phone: (336) 609-6258 Website: www.prismaticspeech.com | <ul><li>Gender affirming Vocal Training</li><li>Free Consultations</li><li>Virtual</li></ul>                        |
| School of Raq Voice Lessons: Savannah, GA Email: schoolofraq@gmail.com           | <ul> <li>In Person or Virtual Training</li> <li>Gender affirming voice coaching</li> </ul>                          |

<sup>12</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



**Exceptional Voice** 

Kathe Perez

Phone: (303) 722-2181

Website: www.exceptionalvoice.com

Gender affirming Vocal Training

Virtual

Training App

### Youth

First City Pride Center Youth Group Youth support groups open to queer, 1515 Bull St. Savannah trans and non-binary youth. Phone: (912) 304-LGBT [5428] Ages 12-18. Email: info@firstcitypridecenter.org • 1<sup>st</sup> and 3<sup>rd</sup> Fridays Virtual Website:www.firstcitypridecenter.org/youth 2<sup>nd</sup> and 4<sup>th</sup> Fridays in Person **PFLAG** • PFLAG of Savannah GA is up and

Savannah Chapter 1515 Bull St. Savannah

Phone: (912) 304-LGBT [5428] Email: info@firstcitypridecenter.org

Website: www.firstcitypridecenter.org/pflag

running to provide education, support and advocate for our LGBTQ+ youth.

Support Group for LGBTQIA+, parents of youth and allies at 5:30pm Fourth Tuesdays.

**Lost-N-Found Youth Atlanta** 

Phone: (678) 856-7824 Website: www.lnfy.org

Crisis **Hotline:** (470) 571-0571

We are here for you, 24 hours a day, 7 days a week.

Lost-n-Found Youth is an Atlanta-based nonprofit that exists to end homelessness for Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ+) and all sexual minority youth. Are you between the ages of 18-25 and need help?

The Trevor Project

Trevor Text: Text the Word "Trevor" to (202) 304-1200 (Hours: Monday through Friday between 3pm to 10pm ET/ Noon- 7pm PT)

Website: www.thetrevorproject.org

The Trevor Project provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning young people under 25.

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or info@firstcitypridecenter.org. Updated 12/12/22.



| Trevor Lifeline: Phone: 1-866-488-7386 - Available 24/7   | Trevor Chat: Online instant messaging with a Trevor Chat counselor. Hours: 7 days a week, 3pm to 10pm ET/ Noon – 7pm PT  |
|---|--|
| The Sam & Devorah Foundation for Trans Youth  Spaces to support trans & non-binary youth  Email: www.info@samdevorah.org  Website:www.samdevorah.org  | <ul> <li>Youth Retreats</li> <li>Young Adult Workshops</li> <li>Trans Mentor Project</li> <li>Leadership Retreats</li> </ul>   |
| Gender Spectrum Website: <a href="https://genderspectrum.org/">https://genderspectrum.org/</a>  | A National network of shared resources and support services for both youth and their families.   |
| Mermaids (UK) Email: info@mermaidsuk.org.uk Website: https://mermaidsuk.org.uk/   | Mermaids supports transgender, nonbinary and gender-diverse children and young people until their 20th birthday, as well as their families and professionals involved in their care.             |
| Trans Youth Equality Foundation (TYEF)  Education, advocacy, and support for transgender youth and their families  Email: contact@transyouthequality.org Website:www.transyouthequality.org | Youth support groups open to all trans and non-binary youth. Ages 12-16. Sessions are held the First and Third Sunday of the month. Professional Workshops Available. Transgender Camp for Youth |
| Gender Justice Leadership Programs Website: www.ourtranstruth.org   | Youth-led programs for trans and gender nonconforming young people to build public understanding, empathy & a movement for liberation through storytelling & media organizing.                   |
| Stand with Trans Website: www.standwithtrans.org  | Support groups for Trans Youth and their Families  |
| Tharros Place<br>Phone: (912) 332-2455  | Tharros Place provides support and shelter for survivors of human trafficking by providing   |

<sup>14</sup> 

<sup>\*</sup>The above resources have been suggested by local community members. Every effort has been made by First City Pride Center to provide complete and accurate information on our resource directories, however, the Center does not have a formal vetting process. If you find any information to be inaccurate, please contact us at (912) 304-5428 or <a href="mailto:info@firstcitypridecenter.org">info@firstcitypridecenter.org</a>. Updated 12/12/22.



Website: <a href="https://www.tharrosplace.com">www.tharrosplace.com</a> residential services for girls between the ages of 11-17.

Crisis Hotline: 1-866-363-4842